



Dra. Luz María Méndez Garza

Especialidades

Medicina Familiar

La Dra. Luz Maria Méndez, certificada en Medicina General y Familiar, tiene 31 años atendiendo a sus pacientes en Matamoros. Es egresada de la Facultad de Medicina de la UAT en Matamoros e hizo su *Especialidad en Medicina Familiar* en el IMSS. Durante su carrera institucional, la Dra. Méndez ha encabezado varios departamentos en las áreas de *nutrición, maternidad, planificación familiar, medicina del deporte y cuidado integral del adolescente*. La Dra. Méndez es socio fundador de la Clínica Familiar CMI, donde se enfoca en el cuidado preventivo del paciente. La Dra. Méndez cuenta con el apoyo incondicional de más 60 médicos especialistas que forman el staff medico del CMI y el Grupo Administrativo CMI, expertos en los tramites de seguros de gastos médicos. **Actualmente es la Coordinadora de Calidad del Hospital.**

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Specialties

Family Practice

*Dr. Luz Maria Méndez, board certified in general and family medicine, has been treating patients in the Matamoros area for over 31 years. She attended medical school at the UAT School of Medicine in Matamoros and completed her residency in family practice at the IMSS. Over her institutional medical career, Dr. Méndez has headed several departments in the areas of nutrition, continuing education, maternity, family planning, sports medicine and adolescent behavioral health. Dr. Méndez is a founding partner at Clínica Familiar CMI, where a majority of her practice focuses on preventative care, including well-woman exams and executive check-ups. She provides pre-natal counseling for expectant mothers and offers family planning sessions on a regular basis. Dr. Méndez works closely with over 60+ specialists in the CMI Family Practice Network and helps her patients get access to quality healthcare at the best prices. **Currently she is the Coordinator Hospital Quality.***